

onsen town
togura kamiyamada

信州戸倉比内温泉
Nagano, Japan

Produced by the TOGURA-KAMIYAMADA ONSEN VISIT JAPAN INFORMATION CENTER
c/o Kamesei Ryokan Tel (026)275-1032 (08:00-21:00) www.kamesei.jp

Kamiyamada Store
South of the onsen on Chuo-Dori

Shin-Togura Store
on Manyo-Dori

Our ATM's Accept Most International Credit Cards

pain elegant
Togura Kamiyamada's Premier Bakery
Tel.026-261-5606
9am-7pm Closed Tuesdays

TAISHOKAN THEATER
大勝館
"Kabuki for the Masses"
2 Shows Daily 1pm and 7pm (except last day of the month)
Tickets 1700 yen (1400 yen in advance)
Each show lasts approx. 2 1/2 hours and features dancing and a play Monthly Rotating Acts
Tel.026-276-1233 http://taisyoukan-nagano.com

Ooi Pharmacy
English Speaking Pharmacist
Chinese Herbal Medicine, too
mon.-sat. 8am-7:30pm
Tel. 026-275-1045

Jujiya
Come Stop By for a Tea
Souvenirs of Nagano Widest Selection
8:00am-10:00pm

OZU SHATEKI
小津射的
Cork Gun Target Shooting
500Yen for 10 Corks
Choose from many cute prizes
Fun After-Dinner Nighttime Entertainment

Nishinoiri Liquor Store
Featuring Nagano wines and beers
Extensive collection of local sake
- Owner is a sake sommelier
9:00am-9:00pm
Closed 1st & 4th Sunday and 3rd Monday
Tel 026-275-1212

Crown Farm
Apple Picking: October- Early Dec.
Grape Picking: September
Come and Experience a Japanese Fruit Farm
Tel 090-9666-3096 (English) or 090-9357-9565 (German)
The Tobita's

Nishizawa PiggyBank Museum
Tel.026-213-4612
9am-5pm (Closed Mondays)
¥600
See Japan's pop culture over the years via piggy banks

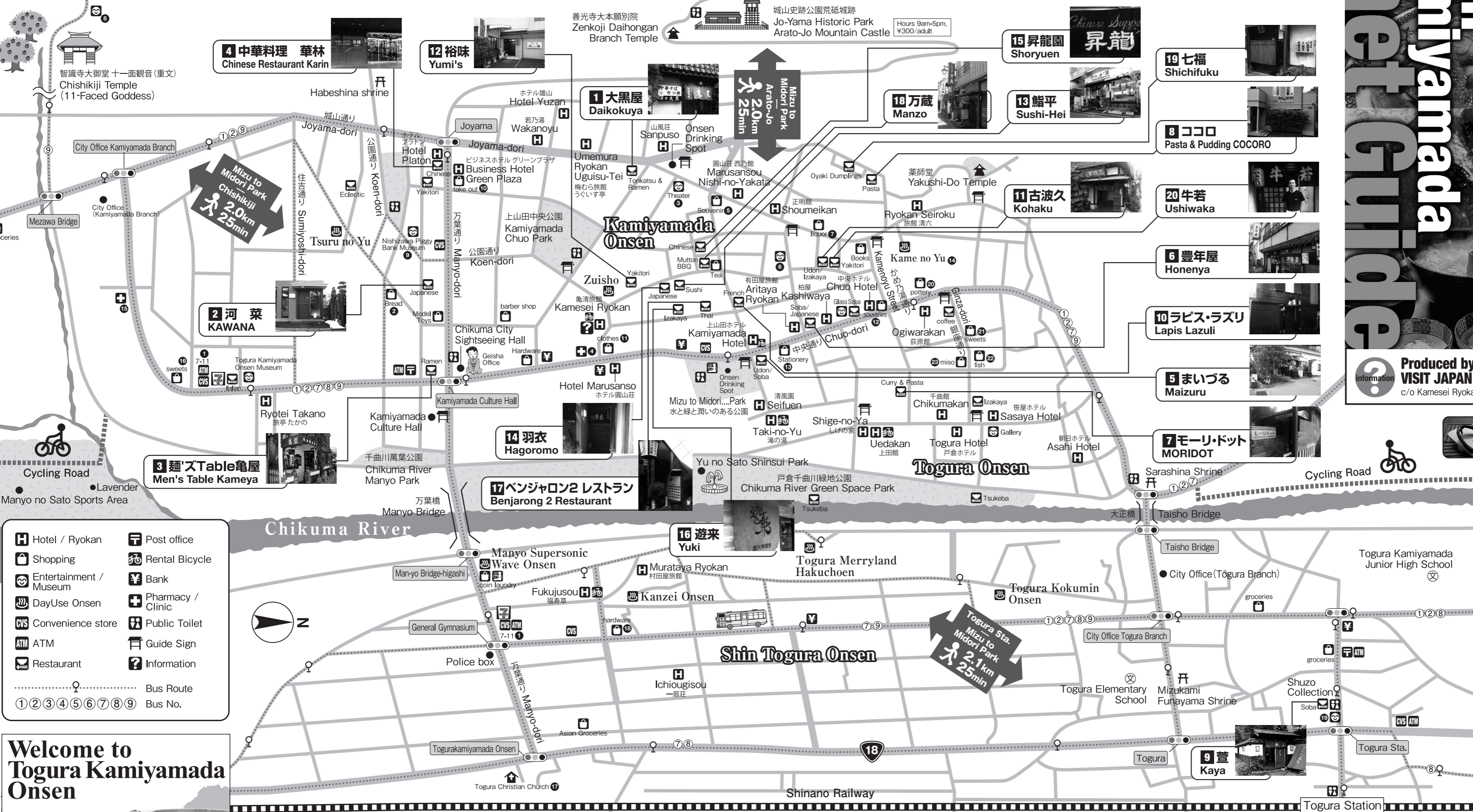
TEA & RESTAURANT PAPIYON
Take-out Available
ティ&レスト パピヨン
Spaghetti and Pizza
Tourist Hotel Green Plaza 2nd Floor Tel.276-7111

RashionHouse
Togura Kamiyamada Onsen's clothing store
Lots of traditional Japanese clothes
Kimono, Yukata, Tabi Socks, Tenugui (bandana)
Tel.026-275-1249
9am-7:30pm (Closed Sundays)

Chuo Hotel Souvenir Corner
eclectic collection of souvenirs
Tel.026-275-3322

Kobundo
Old Fashioned Stationery and Toys Shop
Origami, Traditional Toys, Classic as well as Modern Writing Supplies
9:00am-9:00pm, Closed Sundays

Day Use Onsen Kame no Yu
かめ乃湯
Owned by the Kamiyamada Onsen Company
10:00-23:00
Closed 16th, Last day of the month
¥350/person (towel, soap available separately)



Welcome to Togura Kamiyamada Onsen

Tourism and Lodging Information for Chikuma City
Chikuma City Tourism Association
026-275-1326 http://chikuma-kanko.com

市川内科医院 Ichikawa Internal Medicine Clinic
Doctor Ichikawa can speak basic English
Payment by cash only, please (reasonable rates)
Open 8:30-12:00, 2:30-6:00
Closed Wedn & Sat afternoons and Sundays / Holidays
Tel 026-275-5515

PÂTISSERIE Kavenir
6 Flavors of Gelato Seasonal Pastries
10am-7pm Closed Tuesdays | Tel 026-275-1222
for a national holiday, then Wednesday instead | www.l-avenir.jp

Togura Christ Church
Contact Dave and Naomi anytime for your spiritual needs.
Sunday worship 10:30 Adults 9:00 Children
Tel.026-275-2143

Hardware Store Living Port NABETA
Everything from Japanese cutlery to sushi sets
English and Russian spoken
Tel 275-2900 • 7:30am-7:00pm • Closed Sundays

Pottery Shop Kobo SUEH 工房陶
Inside Shuzo Collection Near Togura Station
Japanese Pottery Lessons
Tumbler ¥1,580
For Reservations, call Akiko Furuno 090-9843-0714

島屋 Shimaya
Specializing in Marinated River Fish
Tel.026-275-1175
8am-6pm

ON GINZA DORI NAKAJIMA MISO
Togura Kamiyamada Onsen's miso maker
"Homare" Brand
Tel.026-275-1069

Togura-Kamiyamada
www.onsentown.net
Nagano, Japan

Folk Art and Pottery Shop TAKARAYA
Featuring local Sarashina-yaki Pottery
Unique blue coloring derived from apple wood ash
8:00am-7:00pm
Tel 026-275-0778

Traditional onsen sweets On Ginza Dori Street SASASUZU MANJU
made from Adzuki red bean paste
¥73 each
Tel.026-275-1228

島屋 Shimaya
Specializing in Marinated River Fish
Tel.026-275-1175
8am-6pm

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